

Flowers to Attract Butterflies and Hummingbirds

Butterflies (B)

Hummingbirds (H)

Achillea, all species (Yarrow) B
Agastache cana, A. aurantiaca, A. rupestris (Hummingbird Mint, Sunset Hyssop, etc.) H
Agave parryi, A. neomexicana (Hardy Century Plant) H
Alcea rosea, A. rugosa (Hollyhock) B
Allium, all species (Ornamental Onion, Wild Onion, Garlic, Chives, etc.) B
Amorpha canescens (Leadplant) B
Amorpha fruticose (Indigobush) B
Amorpha nana (Fragrant Dwf. Leadplant) B
Anthemis biebersteiniana
Aquilegia chrysantha, A. desertorum, A. barnebyi, A. coerulea, A. longissimi, A. saximontana (Columbines) H
Asclepias, all species (Butterfly Weed, Milkweed) B
Aster, all species (Aster) B
Baileya multiradiata (Desert Marigold) B
Berlandiera lyrate (Chocolate Flower) B
Buddleia alternifolia 'Argentea' (Silver Butterfly Bush) B
Buddleia davidii varieties (Butterfly Bush) B, H
Castilleja integra (Orange Indian Paintbrush) H
Caryopteris (Blue Mist Spirea) B
Centranthus ruber (Jupiter's Beard, Red Valerian) B
Ceratostigma plumbaginoides (Plumbago, Leadwort) B
Chilopsis linearis (Desert Willow) H
Coreopsis sp. (Tickseed) B
Dalea purpurea (Purple Prairie Clover) B
Echinacea, all species (Coneflower) B
Echinocereus triglochidiatus (Claret Cup Cactus) H
Erigeron, all species (Fleabane) B
Eriogonum jamesii, E. ovalifolium (Buckwheat) B
Eriogonum umbellatum, all selections & subspecies (Sulphur Flower) B
Gaillardia aristata (Blanket Flower) B
Gaillardia grandiflora, all cultivars) B
Gaura lindheimeri, all selections (Cranesbill) B
Geranium sp., all selections (Cranesbill) B
Helianthus sp., all selections (Sunflower) B
Hemerocallis sp., all selections (Daylily) B
Hesperaloe parviflora (Texas Red Yucca) H
Heuchera sanguinea, all red or pink selections (Coral Bells) H
Hieracium lanatum (Hawkweed) B
Hippocratea ameroides v. ameroides (Grassleaf Mat Daisy) B
Hymenoxys, all species (Perky Sue, Old Man of the Mountain) B
Hyssopus officinalis (Hyssop) B
Kniphofia, all species & selections (Red Hot Poker)
Lantana sp., all selections B

Lavandula sp., all selections (Lavender) B
Liatris sp., all selections (Blazing Star) B
Lobelia cardinalis (Cardinal Flower) HB
Lobelia siphilitica (Great Blue Lobelia) H
Lonicera heckrottii 'Goldflame' (Orange Honeysuckle
Vine) H
Lonicera sempervirens (Honeysuckle Vine) H
Lychnis chalcedonica (Maltese Cross) B
Malva sp., all selections (Mallow) B
Mentha sp. (Mint) B
Monarda sp., all selections (Bee Balm) HB
Nepeta sp., all selections (Catmint) B
Oenothera sp. (Evening Primrose) B
Penstemon angustifolius (Narrowleaf Penstemon) HB
Penstemon arenicola H
Penstemon barbatus, all selections (Scarlet Bugler) H
Penstemon cardinalis H
Penstemon digitalis 'Husker Red' B
Penstemon eatonii (Firecracker Beardtongue) H
Penstemon fruticosus, all selections HB
Penstemon grandifloras, all selections (Prairie
Snapdragon) B
Penstemon havardii H
Penstemon Mensarum H
Penstemon palmeri (Pink Wild Snapdragon)
Penstemon pinifolius, all selections (Pineleaf
Penstemon) HB
Penstemon speudospectabilis (Desert Beardtongue) H
Penstemon secundiflorus (Sidebells Penstemon) B
Penstemon strictus, all selections (Rocky Mountain
Penstemon) HB
Penstemon superbus HB
Penstemon virens (Foothills Penstemon) HB

Penstemon virgatus, all selections HB
Penstemon whippleanus (Whipple's Beartongue) HB
Penstemon x Mexicali, all selections H
Perovskia atriplicifolia (Russian Sage) B
Phlox sp., all summer-blooming selections B
Physostegia virginiana, all selections (Obedient Plant) H
Ratibita columnifera, all selections (Mexican Hat, Prairie
Coneflower) B
Ribes aureum, R. odoratum (Clove Currant) H
Rudbeckia sp., all selections (Black-eyed Susan) B
Ruellia humilis (Plains Petunia) H
Slavia azurea ssp. Grandiflora HB
Salvia greggii 'Furman's Red' H
Salvia greggii 'Wild Thing' H
Salvia pachyphylla (Mojave Sage) HB
Salvia pitcher (Pitcher's Blue Sage) HB
Salvia sp., all selections (Sage) B
Scabiosa sp., all selections (Pincushion Flower) B
Scrophularia macrantha (Red Birds in a Tree) H
Sedum sp., all selections (Stonecrop) B
Silene laciniata (Mexican Catchfly) H
Solidago sp., all selections (Goldenrod) B
Syringa sp. (Lilac) B
Thermopsis sp. (Golden Banner) B
Verbecina encelioides (Golden Crownbeard) B
Verbena sp., all selections B
Viburnum sp., all selections B
Zauschneria sp., all selections (Hardy Hummingbird
Trumpet) H
Zinnia angustifolia, Z. grandiflora, and all annual
cultivars B