

Audubon list of plants for birds in Colorado, 2018

Common Name	Latin Name	Birds that benefit
Maple: Rocky Mountain Maple Ash-Leaf Maple	<i>Acer glabrum</i> <i>Acer negundo</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Nuthatches, Orioles, Sparrows, Thrushes, Vireos, Waxwings, Wood Warblers, Woodpeckers, Wrens
Common Yarrow Wild Yarrow	<i>Achillea millefolium</i> <i>Achillea lanulosa</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Sparrows
Saskatoon Service-Berry	<i>Amelanchier alnifolia</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Mockingbirds & Thrashers, Nuthatches, Orioles, Sparrows, Thrushes, Vireos, Waxwings, Wood Warblers, Woodpeckers, Wrens
Red Bearberry	<i>Arctostaphylos uva-ursi</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Mockingbirds & Thrashers, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Sagebrush: White Sagebrush Big Sagebrush	<i>Artemisia ludoviciana</i> <i>Artemisia tridentata</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Sparrows
Milkweed: Swamp Milkweed	<i>Asclepias incarnata</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Orioles, Sparrows, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Milkweed: Showy Milkweed	<i>Asclepias speciosa</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Hummingbirds, Orioles, Sparrows, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Asters: Smooth Aster Porter's Aster	<i>Aster laevis</i> <i>Aster porteri</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Orioles, Sparrows, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Water Birch Western Red Birch	<i>Betula occidentalis</i> <i>Betula fontinalis</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Nuthatches, Orioles, Sparrows, Thrushes, Vireos, Waxwings, Wood Warblers, Woodpeckers, Wrens
Paper Birch	<i>Betula papyrifera</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Nuthatches, Orioles, Sparrows, Thrushes, Vireos, Waxwings, Wood Warblers, Woodpeckers, Wrens
Grass: Side-Oats Grass Blue Grass	<i>Bouteloua curtipendula</i> <i>Bouteloua gracilis</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Sparrows
Bluebell-of-Scotland	<i>Campanula rotundifolia</i>	Hummingbirds
Great Red Indian-Paintbrush and other Paintbrush varieties	<i>Castilleja miniata</i>	Hummingbirds
Narrow-Leaf Fireweed	<i>Chamaenerion angustifolium</i>	Hummingbirds
Beaked Hazelnut	<i>Corylus cornuta</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Orioles, Sparrows, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
White Prairie-Clover	<i>Dalea purpurea</i>	
Sulphur-Flower Wild Buckwheat	<i>Eriogonum umbellatum</i>	
Bluebunch Fescue	<i>Festuca idahoensis</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Sparrows

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Virginia Strawberry	<i>Fragaria virginiana</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Mockingbirds & Thrashers, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Firewheel	<i>Gaillardia pulchella</i>	
Common Sunflower	<i>Helianthus annuus</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Orioles, Sparrows, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Scarlet Skyrocket	<i>Ipomopsis aggregata</i>	Hummingbirds
Junipers: Rocky Mountain Juniper Eastern Red-Cedar	<i>Juniperus scopulorum</i> <i>Juniperus virginiana</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Mockingbirds & Thrashers, Nuthatches, Orioles, Sparrows, Thrushes, Vireos, Waxwings, Wood Warblers, Woodpeckers, Wrens
Dotted Gayfeather	<i>Liatris punctata</i>	Hummingbirds
Great Blue Lobelia	<i>Lobelia siphilitica</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Hummingbirds, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Four-Line Honeysuckle	<i>Lonicera involucrata</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Hummingbirds, Mockingbirds & Thrashers, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Oswego-Tea	<i>Monarda fistulosa</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Hummingbirds, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Pines: Lodgepole Pine Ponderosa Pine	<i>Pinus contorta</i> <i>Pinus ponderosa</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Nuthatches, Orioles, Sparrows, Thrushes, Vireos, Waxwings, Wood Warblers, Woodpeckers, Wrens
Quaking Aspen	<i>Populus tremuloides</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Nuthatches, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Woodpeckers, Wrens
American Plum	<i>Prunus americana</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Mockingbirds & Thrashers, Nuthatches, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Woodpeckers, Wrens
Choke Cherry	<i>Prunus virginiana</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Mockingbirds & Thrashers, Nuthatches, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Woodpeckers, Wrens
Douglas-Fir	<i>Pseudotsuga menziesii</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Nuthatches, Orioles, Sparrows, Thrushes, Vireos, Waxwings, Wood Warblers, Woodpeckers, Wrens
Red-Spike Mexican-Hat	<i>Ratibida columnifera</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Sparrows

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Sumac: Fragrant Sumac Rocky Mountain Sumac Three-Leaf Sumac	<i>Rhus aromatica</i> <i>Rhus glabra cismontana</i> <i>Rhus trilobata</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Mockingbirds & Thrashers, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Smooth Sumac	<i>Rhus glabra</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Mockingbirds & Thrashers, Nuthatches, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Woodpeckers, Wrens
Currants: Golden Currant Fragrant Currant Wax Currant	<i>Ribes aureum</i> <i>Ribes odoratum</i> <i>Ribes cereum</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Mockingbirds & Thrashers, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Roses: Nootka Rose Woods' Rose	<i>Rosa nutkana</i> <i>Rosa woodsii</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Mockingbirds & Thrashers, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Western Thimble-Berry	<i>Rubus parviflorus</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Mockingbirds & Thrashers, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Black-Eyed-Susan	<i>Rudbeckia hirta</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Scouler's Willow and other species	<i>Salix scouleriana</i> <i>and other species</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Nuthatches, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Woodpeckers, Wrens
Red Elder	<i>Sambucus racemosa</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Hummingbirds, Mockingbirds & Thrashers, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Little False Bluestem	<i>Schizachyrium scoparium</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Silver Buffalo-Berry	<i>Shepherdia argentea</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Mockingbirds & Thrashers, Nuthatches, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Woodpeckers, Wrens
Goldenrod: Missouri Goldenrod Dwarf Goldenrod Gray Goldenrod Hard-Leaf Flat-Top-Goldenrod	<i>Solidago missouriensis</i> <i>Solidago nana</i> <i>Solidago nemoralis</i> <i>Solidago rigida</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Orioles, Sparrows, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Cascade Mountain-Ash	<i>Sorbus scopulina</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Mockingbirds & Thrashers, Nuthatches, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Woodpeckers, Wrens
Alkali-Sacaton	<i>Sporobolus airoides</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Finches, Sparrows

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Common Snowberry	<i>Symphoricarpos albus</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Mockingbirds & Thrashers, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Grouseberry	<i>Vaccinium scoparium</i>	Cardinals & Grosbeaks, Chickadees & Titmice, Crows & Jays, Mockingbirds & Thrashers, Orioles, Thrushes, Vireos, Waxwings, Wood Warblers, Wrens
Squashberry	<i>Viburnum edule</i>	Crows & Jays, Mockingbirds & Thrashers, Orioles, Thrushes, Waxwings